

WELCOME

July 5.2009

Discovery is a non-denominational Christian Church that seeks to Lead people to discover and experience life, love and hope in Jesus Christ. These values drive our Sunday morning service, community gatherings throughout the week and the ministries we serve in.

SUMMER SERIES

'REFRESHING'

In the Word, in our worship and with each other

This week's message:

God's Prescription for Our Refreshment

1 Kings 19:1-18

Those who WORK hard must REST hard.

How to wear yourself out in four easy steps:

1. Go, go, go, go go.
2. Shut people out.
3. Focus on the negative.
4. Forget God's faithfulness.

MORE NOTES: _____

God's Prescription for Our Refreshment:

1. Receive PHYSICAL Refreshment (EAT & SLEEP).
2. Receive SPIRITUAL Refreshment.
3. Go back and do what YOU ARE CALLED TO DO.

MORE NOTES: _____

"Going Deeper" This Week

Monday: 1 Kings 18:16-46

What condition do you think Elijah's mind, body and soul were in following his "work"? What condition are YOU in today?

Tuesday: 1 Kings 19:1-18

How does God's "prescription" for Elijah's depression apply to you? Make a plan for how you will receive refreshment this summer.

Wednesday: 1 Kings 19:19-21

Remember Elijah's fear that he was all alone? Not only was God with him, but God gave him a friend. WHO has God given you?

Thursday: 1 Kings 2:1-14

Remember Elijah's fear of dying? Elijah's fear never became a reality! What fear is holding you captive from doing God's work?

Friday: John 16:1-33

Consider Jesus' promise in v. 33. How does he give us strength to deal with the struggles we face today?

Saturday: Acts 4:1-37

Here we see how the early church handles threats. How did they respond? How should we respond to the struggles in our lives?